

You Bug Me

#3: Bug Bite: Do I have to forgive them?

Hebrews 12:15 *Be careful that none of you fails to respond to the grace which God gives for if he does there can very easily spring up in him a bitter spirit which is not only bad in itself but can also poison the lives of many others.*

How to Forgive People Who Hurt You

1. Understand what _____

What it's NOT

- *Pretending _____
- *Condoning the behavior
- *Resuming a relationship with them _____
- *Forgetting what happened

What it IS

- *Transferring _____

Romans 12:19 *Never avenge yourselves. Leave that to God for He has said that He will repay those who deserve it.*

2. Start _____

- a) Pray
- b) Remember _____
- c) Grieve the loss
- d) Picture the person
- e) Say the words
- f) Be prepared to _____
- g) Repay evil with good

Luke 6:27-28 *... do good to those who hate you, bless those who curse you, and pray for those who mistreat you.*

Ephesians 4:32 *Be kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you.*