

# 'til Death

## #6: How to Affair Proof Your Marriage

1. \_\_\_\_\_

**Proverbs 6:32** *But a man who commits adultery lacks judgment; whoever does so destroys himself.*

- a) \_\_\_\_\_ cost
- b) \_\_\_\_\_ cost
- c) \_\_\_\_\_ cost
- d) \_\_\_\_\_ cost
- e) \_\_\_\_\_ cost

**1 Thessalonians 4:3-8** *It is God's will that you should... avoid sexual immorality; that each of you should learn to control his own body in a way that is holy and honorable, not in passionate lust like (those)... who do not know God; and that in this matter no one should wrong his brother or take advantage of him. The Lord will punish men for all such sins, as we have already told you and warned you. Therefore, he who rejects this instruction does not reject man but God...*

**Exodus 20:14** *You shall not commit adultery.*

2. Draw a line and \_\_\_\_\_

- a) Protect your \_\_\_\_\_

**Matthew 5:28** *But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.*

- b) Protect your \_\_\_\_\_

**1 Corinthians 6:18-20** *Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body...your body is a temple of the Holy Spirit, who is in you, whom you have received from God... You are not your own; you were bought at a price. Therefore honor God with your body.*

3. Never stop \_\_\_\_\_

**Proverbs 5:15** *Drink water from your own well—share your love only with your wife.*

- a) Meet each other's needs
- b) Resolve your conflicts quickly

### Guidelines for your protection

- \*Listen to your wife's advice! Women often have a sixth sense about other women.
- \*Be careful about touching. Embrace only dear friends or relatives and only in front of others.
- \*Never bad mouth your spouse to the opposite sex.
- \*Whenever you need to meet, dine or travel with an unrelated person of the opposite sex, make it a three-some. If an unavoidable last-minute complication makes this impossible, make sure your spouse hears it from you first.
- \*If you pay a compliment, it is on clothes or hairstyle, not on the person themselves. Commenting on a pretty outfit is ok, but not on their pretty looks.
- \*Avoid flirtation or suggestive conversation, even in jest.
- \*Remind your spouse often --in writing and orally--that you remember my wedding vows.
- \*From the time you get home until the kids go to bed, do no office work.

### Warning signs

- \*You've got a need you feel your mate isn't meeting—a need for attention, approval, or affection.
- \*You find it easier to unwind with someone other than your spouse by dissecting the day's difficulties over lunch, coffee, a ride home ... or through e-mail correspondence on the Internet.
- \*You begin to talk about problems you're having with your spouse.
- \*You rationalize the "rightness" of this relationship by saying that surely it must be God's will to talk openly and honestly with a fellow Christian.
- \*You look forward to being with this person.
- \*You wonder what you'd do if you didn't have this friend to talk with.
- \*You hide the relationship from your mate.
- \*An unwillingness to let a spouse investigate all aspects of life.